

WHAT IS SMART RECOVERY?

SMART Recovery is a mutual-aid and strengths-based program that helps people manage their addictive behaviours.

SMART Recovery is a practical and solution-focused program designed to give those struggling with addictive behaviours a toolbox of coping strategies that they can use daily to achieve their goals.

Our Vision ► SMART Recovery is accessible and relevant to all.

WHAT DO WE DO?

SMART Recovery Australia coordinates over 350 weekly meetings where people with any form of addictive behaviour can seek help.

Meetings are run by our trained facilitators who lead group discussions on motivations and behaviours.

Participants are challenged to participate and contribute as we believe that people are more open to their peers and will accept guidance and advice from people in similar circumstances.

SIGNIFICANT ACHIEVEMENTS IN 2019-2020

- ✓ Recruitment of Ambassadors
- ✓ Partnering the Uniting Church Fair Treatment campaign
- ✓ Continued contribution to the development of SMART Recovery International
- ✓ Development of the SMART Track App (Routine Outcome Monitoring + Feedback)
- ✓ Australian Government Grant for developing SMART Online
- ✓ National Centre for Clinical Research on Emerging Drugs Research grant to undertake a feasibility and preliminary efficacy study of our SMART Family & Friends program
- ✓ NCCRED Research grant for a SMART and Methamphetamine study
- ✓ Hunter Medical Research Institute Research grant to develop a pilot and determine the feasibility of a SMART Recovery Program for young people
- ✓ Written submission to the NSW Special Commission of Inquiry into the drug 'Ice', and submission to the Australian Government consultation on the proposed Religious Freedom Bill
- ✓ Transition of face-to-face meetings to online meetings.

"I found it to be very engaging and well informed. I am confident I can now co-facilitate and then take on my own group. "

– Grant, Brisbane



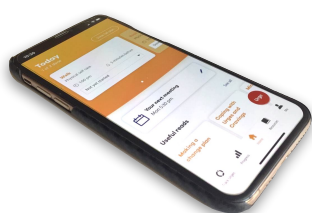
STRATEGIC PILLARS 2019-2022

- ▶ **PROGRAM DELIVERY AND PARTICIPATION** – SMART Recovery is a dynamic strength-based and non-judgemental program. The greater variety of ways it can be more accessible to the community, the greater impact it will have on people that are impacted by addiction.
- ▶ **AWARENESS** – Greater community awareness of SMART and SRAU will increase support and engagement.
- ▶ **SUSTAINABLE REVENUE GROWTH** – To achieve the growth in the strategic plan SMART needs to increase its resources and become more sustainable, including being less reliant on any one income source.
- ▶ **RESEARCH AND EVALUATION** – SRAU is truly an evidence-led organisation.
- ▶ **SMART PEOPLE AND OPERATIONS** – Recognises that our people are our most valuable asset and aims to provide them with an environment to thrive.

SMART RECOVERY AUSTRALIA 2019FY# P&L

Income		Expenses	
Donations	\$785,653	Marketing expenses	\$26,436
Interest - Investment	\$949	Occupancy costs	\$41,880
ROM Project (From previous accumulated funds)	-\$31,545	Depreciation, amortisation and impairments	\$2,224
Training products	\$246,705	General employee costs	\$727,657
Sales revenue	\$17,203	Other administrative expenses	\$222,748
Total Income	\$1,018,965	Consulting and professional fees	\$37,394
		Research and development costs	\$9,308
		Computer expenses	\$19,092
		Other expenses	\$29,079
		Total Operating Expenses	\$1,115,818
		Net Profit for the year	-\$96,853

From most recent audited financial reports



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